

LESSON 2 ACTIVITY : THE SITUATION SHUFFLE GAME

Instructions and Scenario

Instructions -

1. Place four signs in the corners of the room labelled:
 - People
 - Environment
 - Behaviour
 - Feelings
 2. Read the Base Travel Scenario.
 3. Then read Change #1.
 4. Instruct students to move to the corner of the room that, in their opinion, best matches the most significant change mentioned.
 5. Ask 1-2 students to answer the following questions:
 - What early warning sign might they notice?
 - What, if anything, could they do to help maximise their safety now?
 6. Then read Change #2 and repeat questions after students have moved corners.
 7. Repeat until all Changes have been read to the class.
 8. After all changes have been read, engage students in a pair reflection. Students turn to a partner and discuss:
 - Which change felt like the biggest early warning sign? Why?
 - What Protective Behaviour made you feel most safe?
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Base Travel Scenario:

"You're travelling home after school using public transport. It's a normal afternoon. There are other students around, some adults and the area feels familiar and safe."

Change 1:

The bus is delayed. One by one, people leave. Now there are only two other people waiting.

Most accurate corner: People

Example answers to questions:

- *Early warning sign?* Fewer people around means less support if something changes.
- *Protective behaviour?* Stand closer to others, stay alert, avoid isolating yourself.

Change 2:

An adult starts pacing, then stops and stands very close to you even though there's plenty of room.

Most accurate corner: People / Behaviour / Feelings

Example answers to questions:

- *Early warning sign?* Invading personal space, unpredictable movement, feeling uneasy.
- *Protective Behaviour?* Move away, step closer to others, go into a nearby shop, call a trusted adult.

Change 3:

The bus finally arrives. A group of teens pushes on loudly, arguing and swearing as they get on.

Most accurate corner: People / Behaviour

Example answers to questions:

- *Early warning sign?* Aggressive or disrespectful behaviour could escalate.
- *Protective Behaviour?* Sit away from the group, stay near the front, avoid getting involved.

The Situation Shuffle Game - Instructions and Scenario (Cont'd)

Change 4:

The bus is more crowded than usual. Someone keeps bumping into you and doesn't apologise.

Most accurate corner: Behaviour / Feelings

Example answers to questions:

- *Early warning sign?* Discomfort, lack of respect for personal space.
- *Protective Behaviour?* Change seats, stand near the driver, stay aware of exits.

Change 5:

Your phone buzzes. You start scrolling and messaging, and miss your stop announcement.

Most accurate corner: Behaviour

Example answers to questions:

- *Early warning sign?* Losing awareness of your surroundings.
- *Protective Behaviour?* Put the phone away and stay alert until you're safely home.

Change 6:

You get off at your usual stop, but it's quieter than normal. One of the streetlights isn't working.

Most accurate corner: Environment / People

Example answers to questions:

- *Early warning sign?* Poor lighting and fewer people around.
- *Protective Behaviour?* Walk in well-lit areas, call home, stay visible.

Change 7:

As you start walking, you notice a stray dog ahead. It's off-lead, pacing and barking at passing cars.

Most accurate corner: Environment / Behaviour

Example answers to questions:

- *Early warning sign?* Unpredictable animal behaviour.
- *Protective Behaviour?* Slow down, keep distance, avoid eye contact, cross the road early if safe.

Change 8:

Ahead on the path, you notice a person walking toward you. They're muttering to themselves and zig-zagging across the footpath.

Most accurate corner: People / Feelings

Example answers to questions:

- *Early warning sign?* Unusual behaviour and an uneasy gut feeling.
- *Protective Behaviour?* Swap sides of the street well in advance, stay in clear view, keep space between you, call someone if needed.

Change 9:

You realise it's getting quite late and you're worried about not being home in time.

Most accurate corner: Environment / Feelings

Example answers to questions:

- *Early warning sign?* Feeling rushed can lead to poor decisions.
- *Protective Behaviour?* Take a breath, check the time, call home, avoid rushing, seek help or advice from any trusted adults nearby, stay with friends.