

LESSON PLAN

Promoting Safe Walking & Cycling



STAGE
Years 5-6



DURATION
50 minutes



SUBJECT
Health & Physical Education, English



RESOURCE OVERVIEW

Walking and cycling are key ways to travel sustainably while keeping active and fit. It's important that children and their families are encouraged to walk and cycle whenever they can, rather than travel by car. However, it's essential that children understand how to be safe as both a pedestrian and cyclist.

In this lesson, students research an organisation that promotes safe walking or cycling and discuss the strategies that the organisation uses.

Resource Details



CURRICULUM ALIGNMENT

This lesson supports:

Health and Physical Education

- Investigate community resources and strategies to seek help about health, safety and wellbeing (VCHPEP107)

English – Level 5

- Navigate and read imaginative, informative and persuasive texts by interpreting structural features, including tables of content, glossaries, chapters, headings and subheadings and applying appropriate text processing strategies, including monitoring meaning, skimming and scanning (VCELY318)

English – Level 6

- Select, navigate and read increasingly complex texts for a range of purposes, applying appropriate text processing strategies to recall information and consolidate meaning (VCELY346)

RESOURCE REQUIREMENTS

In this lesson, teacher/s will need:

- Computer, internet access, screen
- Laptops/tablets for research
- *Researching an organisation* worksheet

ADDITIONAL RESOURCES

Road Safety Education Victoria's Bike Ed program gives children and adults the opportunity to learn about safe riding behaviours, road rules and riding in a shared environment. The resources include lesson plans, interactive content, and videos to run the program in your school.

<https://www.roadsafetieducation.vic.gov.au/resources?id=667923>

LEARNING INTENTION

In this lesson, students will:

- Research and evaluate how an organisation promotes safe walking and cycling.

SUCCESS CRITERIA

By the end of this lesson, students should be able to:

- Provide details about their chosen organisation.
- Identify the aims of the organisation.
- Identify safety issues the organisation focusses on.
- Identify strategies the organisation uses to promote safety issues.
- Identify text features the organisation uses to promote safety issues.
- Evaluate whether the organisation is successful in their aims.

Lesson Plan



Tuning in

APPROX. 10 MINUTES

Inform students they will be researching an organisation that promotes cycling or pedestrian safety and looking into the strategies they use.

Ask students to form pairs and discuss the following questions:

- Why do we need to promote safe walking and cycling?
- What do you think are some of the most important safety issues for cyclists and pedestrians?

Ask some pairs to share ideas they discussed.

Show students different websites that promote pedestrian or cycling safety. These could include:

- www.amygillet.org.au
- www.victoriawalks.org.au
- www.bicyclenetwork.com.au

Main activity: Assertive communication

APPROX. 30 MINUTES

In small groups, students should choose a website from an organisation that promotes safety for pedestrians or cyclists.

Students complete their research using the Researching an organisation worksheet.

Extension: students choose a safety issue for pedestrians or cyclists and create a poster or website design to promote safety.

Reflecting activity

APPROX. 10 MINUTES

Have students share their findings with the class. Use the following questions to guide the discussion.

- What are some similarities and differences between the organisations?
- What strategies do the organisations use to promote safe walking and cycling?
- How would you promote safe walking and cycling?
- Why do we need to promote safe walking and cycling?

Resource Worksheet



Researching An Organisation

Name of organisation:

What are the aims of the organisation?

How does the organisation raise money?

What safety issues does the organisation focus on?

What strategies does the organisation use to promote their causes?
E.g, Special events, information, talking to the media, writing to politicians

Resource Worksheet

Researching An Organisation (cont..)

What text features are used on the website?

E.g., Headings, captions, photos, maps, charts, graphs, diagrams, videos, interactive features

Is the organisation successful in their aims? What evidence is there to show this?



www.roadsafetyeducation.vic.gov.au