

Safety Radar Match-Up Activity – Rules

Purpose:

Students practise recognising and responding to their "safety radar" by connecting **travel situations** with matching **body clues** and **protective actions**. They learn that when our body sends us warning signs, we can use protective behaviours to stay or move back to safety.

Setup:

- Match students with a partner or group of 3.
- Each pair receives **three sets of cards**:
 1. **Travel Situation Cards** - Situations that may happen while travelling.
 2. **Body Radar Cards** - Physical/emotional warning signs our body gives.
 3. **Protective Action Cards** - Safe responses to move to or stay in safety.
 4. **Blank Protective Action Cards** - Students can write a different action they would take on these cards (if needed).
- Mix and spread the cards face up on desks.

Instructions:

1. **Explain:** "Each travel situation shows something that could happen while walking, riding, or using public transport. Your job is to use your radar to work out what your body might feel and what you could do to stay safe."
2. Students read through all cards and:
 - a) Discuss each **Travel Situation** and place each one into an **unsafe** or **unsure** pile.
 - b) Create logical matches of **1 travel situation + 1 body radar + 1 protective action** for each.
3. There can be multiple "right" answers. The focus is on **reasoning and discussion**, not correctness.
4. Teacher circulates, prompting with questions and checking understanding.

Discussion and review:

- Once all matches are made, the teacher calls out a few random **situation numbers** for pairs to share aloud and ask:
 - What body radar clue did you match?
 - What protective action did you choose and why?
- **Encourage reasoning:**
 - Is that the only action that would work?
 - Could your body feel differently in that situation?
- **Pairs then join with another pair** to compare and discuss any differences in their matches.

Safety Radar Match-Up Activity – Example Responses

1. A car slows down beside you and the driver asks for directions.

Safety Rating:  *Unsure / Tricky*

Body Radar Match: Tight stomach

Protective Action: Say "No thanks" firmly and keep moving.

Other valid answers could include:

- **Body radar:** fast heartbeat, wanting to move away, sweaty palms
- **Action:** move to a busy area, cross the road, call a parent

2. You're walking to school and someone you don't know starts following you.

Safety Rating:  *Unsafe*

Body Radar Match: Fast heartbeat

Protective Action: Go to a safe adult or public place.

Other valid answers could include:

- **Body radar:** feeling frozen, wanting to move away, shaky voice
- **Action:** call a parent, change direction, stay near others

3. You're riding your bike and a group of older kids call out to you.

Safety Rating:  *Unsure*

Body Radar Match: Nervous laughter

Protective Action: Ride away using a different route.

Other valid answers could include:

- **Body radar:** tight stomach, fast heartbeat
- **Action:** stay with a friend, go to a public place, tell a trusted adult

4. You're at the train station and an older teen you don't know starts talking to you and asking personal questions (like where you live or where you're going).

Safety Rating:  *Unsure*

Body Radar Match: Tight stomach / unsure feeling

Protective Action: Walk away confidently and move closer to a safe adult or public area.

Other valid answers could include:

- **Body radar:** wanting to move away, fast heartbeat
- **Action:**
 - Pretend to check your phone and stop talking
 - Go near a station staff member, ticket desk, or other commuters
 - Call or message a parent or trusted adult

5. Your friend dares you to cross before the green pedestrian light.

Safety Rating:  *Unsafe*

Body Radar Match: Tight stomach


Protective Action: Choose the safer option—wait for the green light.

Other valid answers could include:

- **Body radar:** fast heartbeat, stomach ache
- **Action:** say "No", remind friends of the safe rule, take a deep breath

Safety Radar Match-Up Activity – Example Responses (Cont'd)

6. You realise it's getting dark and you're still at the park.

Safety Rating:  *Unsure*

Body Radar Match: Wanting to move away

Protective Action: Call a parent or carer and head home or to a safe place

Other valid answers could include:

- **Body radar:** fast heartbeat, feeling hot or flushed
- **Action:** go where others are, stay with a friend, choose the safer route

7. A neighbour you don't know very well asks you to come inside their yard to get your ball.

Safety Rating:  *Unsafe*

Body Radar Match: Tight stomach

Protective Action: Say "No, thanks — I'll get my parent or carer or a trusted adult to help."

Other valid answers could include:

- **Body radar:** fast heartbeat, feeling frozen
- **Action:** go home, get a parent, tell a trusted adult

8. You get separated from your friends at the shopping centre.

Safety Rating:  *Unsure*

Body Radar Match: Stomach ache

Protective Action: Go to a shop worker or information desk.

Other valid answers could include:

- **Body radar:** shaky voice, tight stomach, wanting to move away
- **Action:** call a parent, stay where you are, arrange a safe meeting spot

9. A stranger on the bus sits too close and keeps staring at you.

Safety Rating:  *Unsafe*


Body Radar Match: Fast heartbeat

Protective Action: Move to a busier spot or sit near others/driver.

Other valid answers could include:

- **Body radar:** tight stomach, wanting to move away
- **Action:** get off at the next safe stop, ask for help

10. You see a group blocking your way on the path ahead.

Safety Rating:  *Unsure*

Body Radar Match: Fast heartbeat

Protective Action: Change direction or cross the road.

Other valid answers could include:

- **Body radar:** tense face, wanting to move away
- **Action:** take safer route, stay with friend, go where others are

Safety Radar Match-Up Activity – Example Responses (Cont'd)

11. You fall off your bike and hurt your knee near a busy intersection.

Safety Rating: ? *Unsure (but needs help)*

Body Radar Match: Feeling dizzy or light-headed

Protective Action: Ask for help from a safe adult nearby.

Other valid answers could include:

- **Body radar:** shaky voice, hot or flushed
- **Action:** call a parent, stay visible, move away from traffic

12. Your bus doesn't arrive, and it's starting to rain heavily.

Safety Rating: ? *Unsure*

Body Radar Match: Frowning or tense face

Protective Action: Wait in a well-lit area or inside a shop and call your parent or carer.

Other valid answers could include:

- **Body radar:** tight stomach, wanting to move
- **Action:** call a parent, check timetable, stay near commuters