

TRAVEL SITUATION



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A car slows down beside you and the driver asks for directions.



You're walking to school and someone you don't know starts following you.



You're riding your bike and a group of older kids call out to you.



An older teen you don't know starts talking to you and asking personal questions.



Your friend dares you to cross before the green pedestrian light.



You realise it's getting dark and you're still at the skate park.



A neighbour you don't know very well asks you to come inside their yard to get your ball.



You get separated from your friends at the shopping centre.



A stranger on the bus sits too close and keeps staring at you.



You see a group of kids on bikes blocking your way on the path ahead.



You fall off your bike and hurt your knee near a busy intersection.



Your bus doesn't arrive, and it's starting to rain heavily.



Write your own - on a bus



Write your own - riding a scooter



Write your own - at a rail crossing



Write your own - walking the dog



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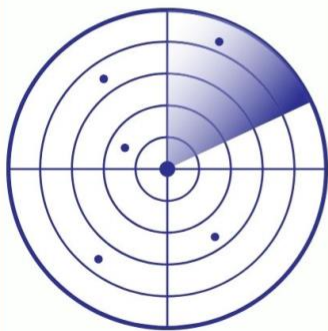
TRAVEL SITUATION



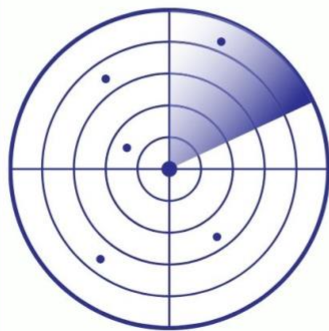
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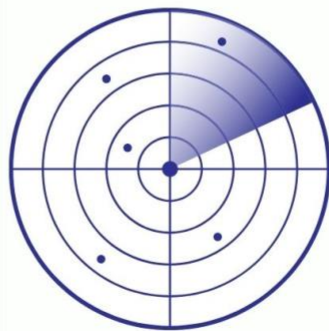
BODY RADAR SIGNAL



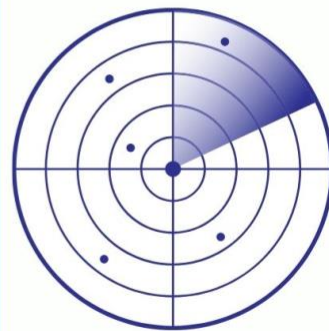
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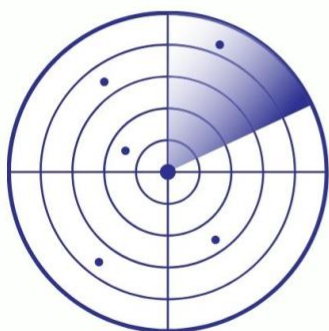
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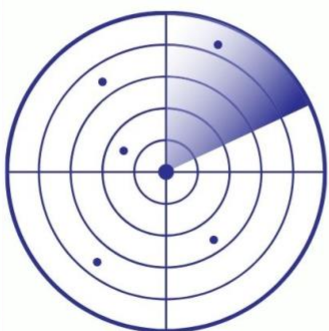
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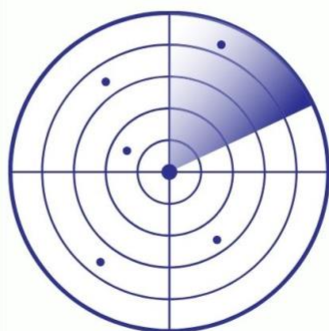
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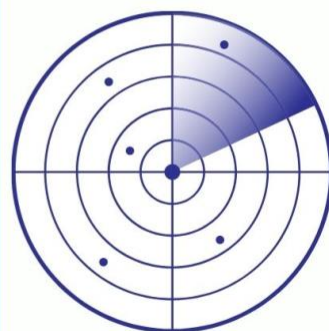
BODY RADAR SIGNAL



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Fast heartbeat



Tight stomach / butterflies



Sweaty hands



Shaky voice



Feeling dizzy or light-headed



Wanting to move away



Goosebumps



Shaking or shivering



Fast heartbeat



Frowning or tense face



Feeling frozen or can't move



Feeling hot or flushed



Feeling dizzy or light-headed



Wanting to move away



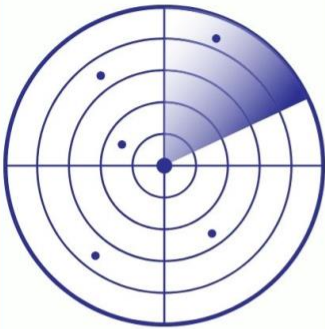
Goosebumps



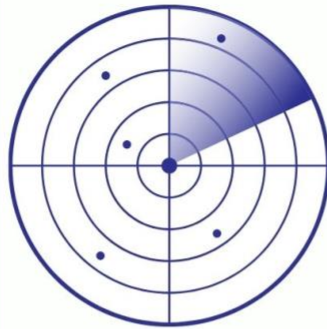
Shaking or shivering



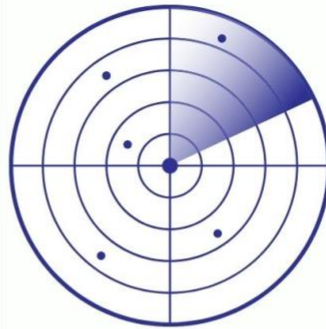
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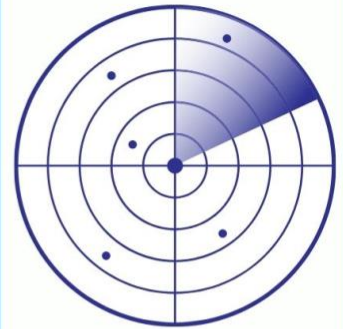
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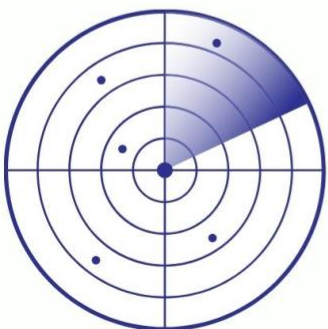
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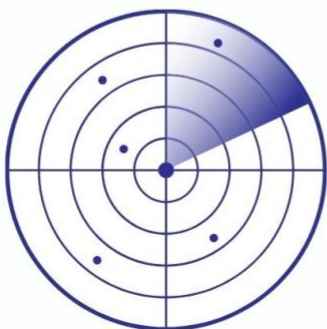
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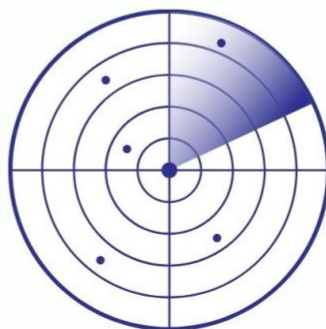
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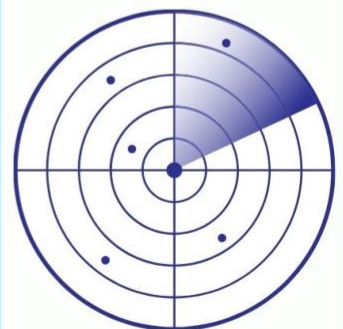
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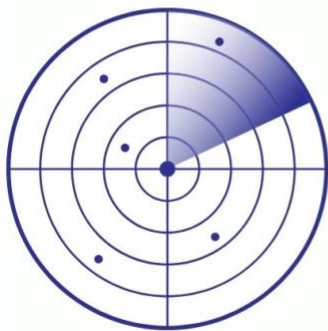
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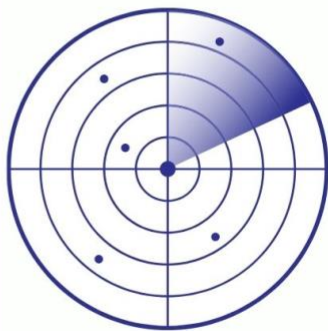
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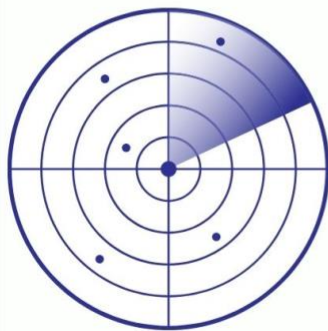
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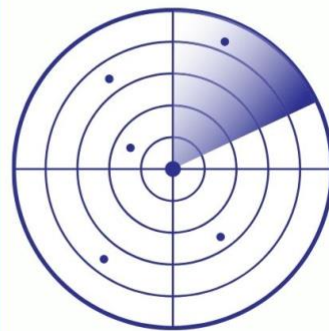
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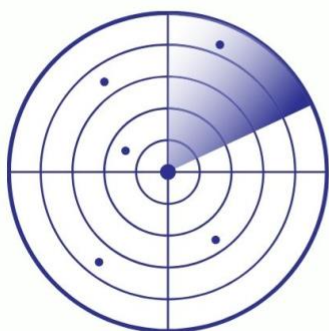
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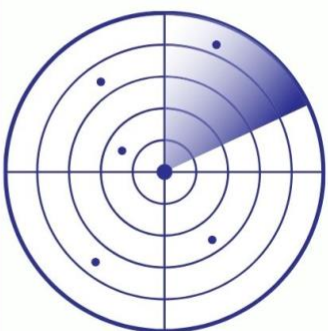
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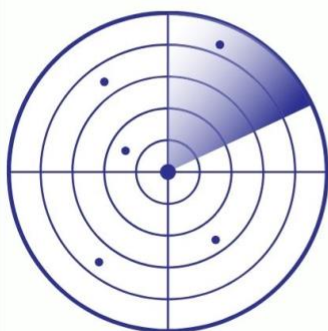
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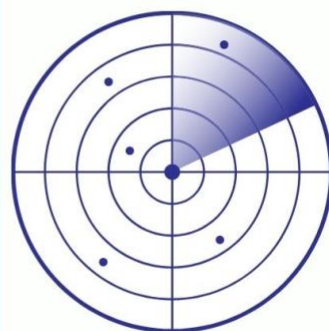
BODY RADAR SIGNAL



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Fast heartbeat



Tight stomach / butterflies



Sweaty hands



Shaky voice



Write your own signal:

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**PROTECTIVE
BEHAVIOUR**



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Say “No thanks”
firmly and keep
moving.



Go to a safe adult or
public place.



Ride away using a
different route.



Walk away
confidently and
move closer to a
safe adult or public
area.



Choose the safer
option—wait for
the green light.



Call a parent or
carer and head
home or to a safe
place.



Say “No, thanks —
I’ll get my parent
or carer or a
trusted adult to
help.”



Go to a shop
worker or
information desk.



Move to a busier spot or sit near others/driver.



Change direction or cross the road.



Ask for help from a safe adult nearby.



Wait in a well-lit area or inside a shop and call your parent or carer.



Write your own safe behaviour:

Write your own safe behaviour:

Write your own safe behaviour:

Write your own safe behaviour:

PROTECTIVE BEHAVIOUR



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