

My Personal Space - Practice Situations

Name: Date:.....

Instructions:

Work in groups of 3. One person plays the **student**, one plays the **traveller** (walking, riding, sitting, or standing too close) and the other is the **observer**.

Practice saying each phrase below with a clear voice and calm body. Then swap roles so each group member has a turn in each role for each activity.

Activity 1 – Partner Bubble

Scenario: Your partner walks too close to you.

Practice saying: "Please stop there. That's close enough."

Write your own version:

Reflection: How did it feel to ask for space?

Activity 2 – Footpath Follower

Scenario: Someone is walking right behind you.

Practice saying: "Can you please walk a little further back? I feel better with more room."

Write your own version:

Reflection: Why is it important to leave space on a footpath?

My Personal Space - Practice Situations (Cont'd)

Activity 3 – Bus Seat Squash

Scenario: Two students try to sit in a seat where there is only room for one.

Practice saying: "There's not enough space for two. Please can one of you choose another seat?"

Write your own version:

Reflection: How does asking politely help everyone feel safe?

Activity 4 – Risky Riding

Scenario: A friend is riding too close to your bike.

Practice saying: "Please don't ride so close. I feel safer with more space."

Write your own version:

Reflection: What could happen if you ride too close together?

Activity 5 – Waiting in Line

Scenario: Someone is standing too close behind you in line.

Practice saying: "Can you please take a step back while we wait? I feel better that way."

Write your own version:

Reflection: Why is it respectful to leave space in a line?
