



UNIT OVERVIEW: Respectful Journeys - Protective Behaviours in Action

Pathways to Staying Safe - Years 3/4

.....

The **Pathways to Staying Safe** unit supports Year 3–4 students to develop protective behaviours, respectful communication and awareness of how to keep safe when travelling in their community. A key focus of the unit is **safe road and crossing behaviours**, where students learn when, where and how to cross roads safely. Across lessons on help-seeking, trusted adults, personal space, safe road and path use, being a safe friend and being aware when travelling on and near public transport, students practice strategies through role-plays, games and safety planning tasks. The unit finishes with students creating a Safe Travel Plan that brings together what they have learned. The sessions are designed to be flexible and can be taught in any order to suit class needs.

This unit is particularly important for students at this age, as they are beginning to expand their world beyond the classroom, often travelling with parents, siblings and friends, to and from school and community activities. It equips them with the language, behaviours and confidence to recognise safe and unsafe situations, set boundaries and ask for help when needed. The impact is both immediate and long-term. Students become more aware travellers in the present while also laying the foundations for safe, respectful and independent travel habits as they grow older.

Protective behaviours and safety are explicitly embedded in the Victorian Curriculum 2.0 (Health and Physical Education, Personal and Social Capability) and can be delivered as part of Respectful Relationships Education.

.....



ACKNOWLEDGEMENT

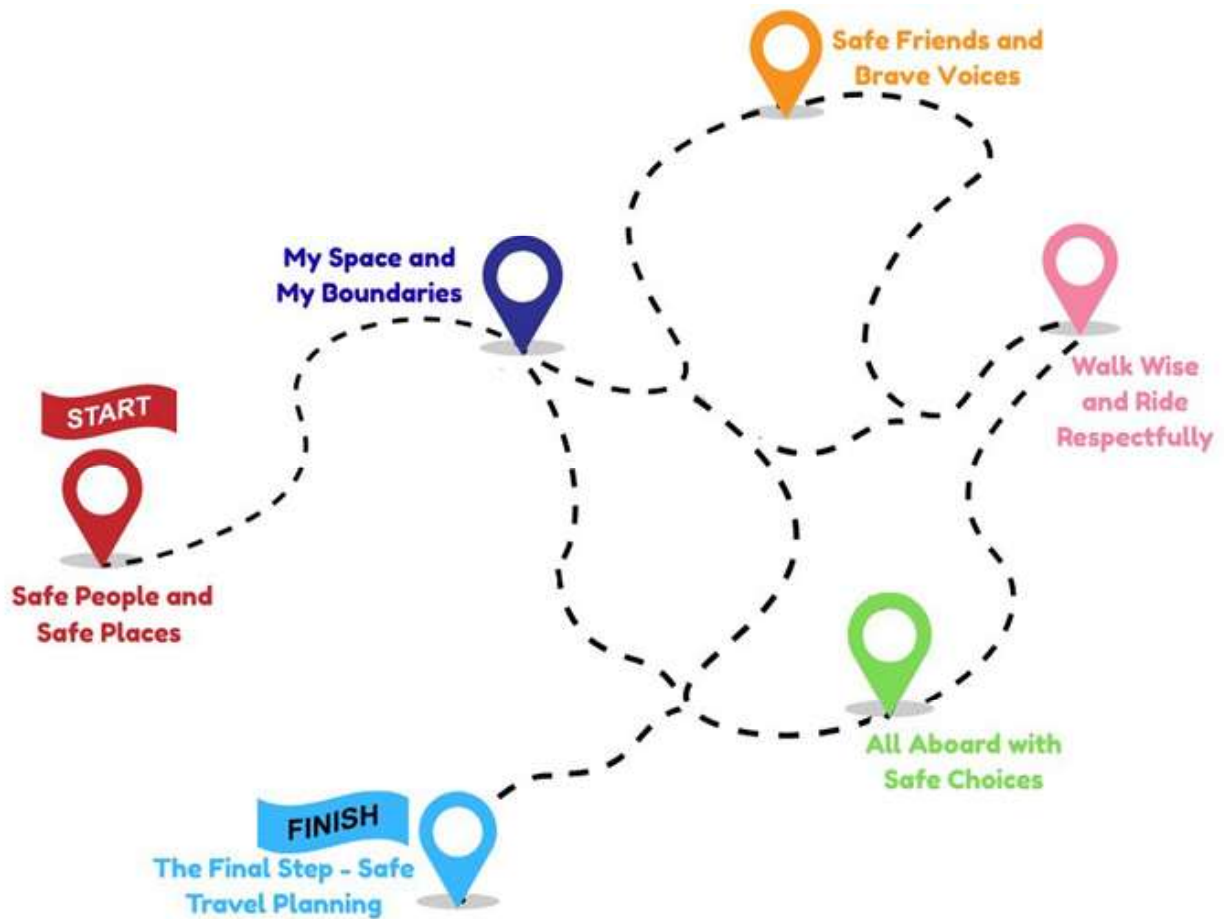
This unit of work was developed by Helen Owies at SportlinQ, with funding and support from the Department of Transport and Planning, Department of Education and the Transport Accident Commission (TAC).

We gratefully acknowledge the contributions of the following organisations and individuals: Victorian Curriculum and Assessment Authority (VCAA), ACHPER Australia, Safe Transport Victoria, Metro Trains, Penola Catholic College, Nepean School, Homestead Senior Secondary College, Chrissy Collins, Doug Sandiford and Scott Chiswell.

UNIT OVERVIEW

Pathways to Staying Safe: Years 3/4

.....



UNIT STRUCTURE

- Lesson 1: Safe People and Safe Places
- Lesson 2: My Space and My Boundaries
- Lesson 3: Safe Friends and Brave Voices
- Lesson 4: Walk Wise and Ride Respectfully
- Lesson 5: All Aboard with Safe Choices
- Lesson 6: The Final Step - Safe Travel Planning