



## LESSON PLAN

# Lesson 8: My Safe Choices Plan

### LESSON OVERVIEW

In this session, the teacher reviews the unit's content. Students are encouraged to think about the important things they have learnt about keeping themselves safe on and around roads. Next, the teacher leads a discussion about the actions that students can take to keep themselves safe on and around roads. Students then develop their own simple *Safe Choices Plan* (either aided or independently) using a worksheet.

**SEQUENCE TITLE:** Step Into Safety - Foundation Levels A - F



#### LEVELS

**Foundation A - F**



#### LESSON NUMBER

**8 of 8**



#### LESSON LENGTH

**60 minutes**

### CURRICULUM AREAS



#### LEARNING AREAS

- Health and Physical Education
- English

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#### Victorian Curriculum 2.0 Content Descriptions



**VC2HPFCP06** Identify a variety of health, safety and wellbeing actions.

**VC2HPFDP05** Identify protective behaviours and help-seeking strategies.

**VC2HPFDP06** Identify health, safety and wellbeing symbols and apply practices appropriate to places in the school environment or community.

**VCELY116** Identify some familiar texts and their use in the community.

**VC2EFLA08** Recognise and develop awareness of vocabulary used in familiar contexts related to everyday experiences, personal interests and topics taught at school.

**VC2CPFS05** Behaviours that support independence.

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#### VOCABULARY

Refer to lessons 1 -7 for vocabulary.

#### MATERIALS REQUIRED

##### Student

- Grey lead pencil – 1 per student.
- Colour pencils – 1 packet per 2 students.
- Resource 8.1 Learning Activity.

##### Teacher

- Whiteboard.
- Display of all previous learning materials.
- Resource 8.1 Learning Activity.



#### LEARNING OBJECTIVE

- We will describe how we are now able to keep ourselves safe on and around roads.

#### SUCCESS CRITERIA

- I can share what I will do to stay safe on and around roads.



#### Supporting All Learners: Suggested modifications

##### Enable

- Aid students in writing their sentences or just focus on the drawing component of this task.

##### Extend

- Students can choose to write more than 2 sentences and can also write a story about these actions.

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#### Structure of lesson:

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#### LESSON STAGE 1



**TIMING:** 20 mins

##### Activate prior knowledge

**Refer** to and revise the previous learnings and vocabulary through a discussion focusing on the following concepts:

- Safe, Unsafe.
- Road Environment.
- Stop, Look, Listen and Think.
- Sounds, sirens, road noise.
- Traffic signs.

**Ask** students to **Pair-Share** to discuss a situation that is safe and a situation that is unsafe from any of the areas covered in the unit.

**Call** on volunteer students to share their responses.

##### Introduce the learning objectives

**Read aloud** the learning objectives and success criteria.

**Explain** to students that today's lesson is all about putting their learning into action. They will create their own *Safe Choices Plan* by using what they've learned across the previous 7 lessons in this unit. Remind them that this plan will help them remember how to make safe and smart choices on and around roads.

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#### LESSON STAGE 2



**TIMING:** 30 mins

##### Modelling, demonstration and explanation

Next, the teacher leads a discussion about the things that students can and will do to keep safe on and around roads.

**Ask** students if they recall the actions they can do and choices they can make to keep safe when crossing the road and moving around roads. These suggestions are written on the whiteboard.

**Ask** students: "What can each one of us do to keep safe on and around roads?"

**Explain** why it is important to be safe on and around roads.

**Explain** to students they will pick 1 or 2 sentences that they like the most for their plan.

Students then write or copy (either independently or aided) the sentences that they like best and draw a corresponding picture to complete the worksheet.

##### Guided practice

**Show** an example of a completed worksheet.

##### Independent application

**Distribute** Resource 8.1 Learning Activity.

**Read and explain** the tasks.

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**Show** a completed plan.

**Ask** students to complete their *Safe Choices Plan*.

**Circulate** and **observe** students' writing and **check for understanding**. Prompt students with questions to clarify their understanding.

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#### LESSON STAGE 3



**TIMING:** 10 mins

#### Review and reflect

**Return** to the success criteria.

**Check for understanding** by asking students to **nominate** their most important action item.



## RESOURCE 8.1 LEARNING ACTIVITY

### My Safe Choices Plan

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Name: ..... Date:.....

I will keep myself safe when crossing the road by...

Sentence	Drawing