



LESSON PLAN

Lesson 8: My Safe Choices Plan



LESSON OVERVIEW

In this session, the teacher reviews unit content. Students are encouraged to reflect on the important things they have learnt about keeping themselves and others safe on and around roads. Next, the teacher leads a discussion about the actions students can take to keep themselves and others safe on and around roads. Students then develop their own simple *Safe Choices for Everyone Plan* using a worksheet.

SEQUENCE TITLE: Step Into Safety – Levels 1-2



LEVELS

1 and 2



LESSON NUMBER

8 of 8



LESSON LENGTH

60 minutes

CURRICULUM AREAS



LEARNING AREAS

- Health and Physical Education
- English

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Victorian Curriculum 2.0 Content Descriptions



LEARNING AREAS

Health and Physical Education

VC2HP2P06 Identify and demonstrate protective behaviours and help-seeking strategies they can use to help them and others stay safe.

VC2HP2P07 Investigate a range of health messages and strategies in their community to promote their own health, safety and wellbeing.

English

VC2E1LA09 Recognise and understand vocabulary across the curriculum, such as topic-specific vocabulary in other learning areas.

VC2E2LA09 Apply learnt vocabulary and begin to make conscious choices to suit the topic.



VOCABULARY

Refer to lessons 1–7 for vocabulary.

MATERIALS REQUIRED

Student

- Grey lead pencil – 1 per student.
- Colour pencils – 1 packet per 2 students.
- Resource 8.1 Learning Activity.

Teacher

- Whiteboard.
- Display of all previous learning materials.
- Resource 8.1 Learning Activity.



LEARNING OBJECTIVE

- We will describe how we are able to keep ourselves safe on and around roads, and how our actions can help to keep others safe.

SUCCESS CRITERIA

- I can share what I will do to make myself and others safe on and around roads.

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Structure of lesson:

1

LESSON STAGE 1



TIMING: 20 mins

Activate prior knowledge

Revise the definition of the words that have been covered in the course of this unit.

Refer to the displays around the room that have recorded previous learnings and vocabulary.

- Safe, Unsafe, Maybe Safe.
- Road Environment.
- Stop, Look, Listen and Think.
- Sounds, sirens, road noise.
- Traffic signs.

Ask students to **Pair-Share** to discuss a situation that is safe, unsafe and maybe safe in any of the areas covered in this unit.

Call on volunteer students to share their responses.

Introduce the learning objectives

Read aloud the learning objectives and success criteria.

Explain to students that today's lesson is all about putting their learning into action. They will create their own *Safe Choices for Everyone Plan* by using what they've learnt across the 7 lessons in this unit. Remind them that this plan will help them remember how to make safe and smart choices on and around roads, and to act as a role model for others to do the same.

2

LESSON STAGE 2



TIMING: 30 mins

Modelling, demonstration and explanation

Next, the teacher leads a discussion about the things that students can and will do to keep safe on and around roads.

Ask students if they recall the things that they can do to keep safe when crossing the road and around roads. These suggestions are written on the whiteboard.

Ask students how these things can also help others to make safe choices.

Explain why it is important to be safe on and around roads and to be a role model for the safe behaviour of others.

Write a summary of this on the whiteboard. If students are having difficulty they might like to respond to these sentences.

"Being a role model means showing others how to make good choices. When I make safe, kind, and smart choices, I help others learn to do the same. I can set a good example by being responsible, helping others, and doing the right thing — even when it's hard. When I do this, I help make my school and community a better, safer place."

Explain to students they are going to pick between 3-5 sentences they like the most for their plan and then write about being a role model for safe choices.

Show an example of a completed worksheet.

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Independent application

Distribute Resource 8.1 Learning Activity.

Read and explain all tasks on the worksheet.

Students to complete worksheet individually.

Circulate and **observe** students' writing and **check for understanding**. Prompt students with questions to clarify their understanding.

3

LESSON STAGE 3



TIMING: 10 mins

Review and reflect

Return to the success criteria.

Check for understanding by asking students to **nominate** their most important road safety rule for walking.



RESOURCE 8.1 LEARNING ACTIVITY

Safe Choices for Everyone Plan

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Name: Date:

I will keep myself and others safe when I am crossing or near the road by...

What I will do:	How this will keep others safe: